

Complete Guide to Java Threads: SAUCE

yatlas

1 Introduction to Threads

1.1 What is a Thread?

Imagine you're cooking dinner. You might be:

- Boiling pasta (main task)
- Occasionally stirring a sauce (secondary task)
- Checking the oven (another task)

You're doing multiple things *concurrently* - switching between tasks to make progress on all of them. A **thread** is like one of these cooking tasks.

In computing terms:

- A **thread** is a single sequence of executed instructions
- Your program can have multiple threads running **concurrently**
- Each thread has its own path of execution

1.2 Why Use Threads?

Threads help us:

- Keep applications responsive (UI doesn't freeze during long operations)
- Utilize multiple CPU cores
- Handle multiple operations simultaneously (download files while user interacts)
- Improve performance for certain types of tasks

2 Creating Your First Threads

2.1 Method 1: Extending Thread Class

```

1 // Create a thread by extending Thread class
2 class MyThread extends Thread {
3     private String threadName;
4
5     public MyThread(String name) {
6         this.threadName = name;
7     }
8
9     // This method runs when thread starts
10    public void run() {
11        for (int i = 1; i <= 5; i++) {
12            System.out.println(threadName + " - Count: " + i);
13            try {
14                Thread.sleep(1000); // Pause for 1 second
15            } catch (InterruptedException e) {
16                System.out.println(threadName + " interrupted");
17            }
18        }
19        System.out.println(threadName + " finished");
20    }
21 }
22
23 public class FirstThreadExample {
24     public static void main(String[] args) {
25         System.out.println("Main thread starting");
26
27         // Create thread objects
28         MyThread thread1 = new MyThread("Thread 1");
29         MyThread thread2 = new MyThread("Thread 2");
30
31         // Start the threads (don't call run() directly!)
32         thread1.start();
33         thread2.start();
34
35         // Main thread continues executing
36         System.out.println("Main thread continuing work");
37     }
38 }

```

Listing 1: Simple Thread Example

When you run this, you'll see output like:

```

Main thread starting
Main thread continuing work
Thread 1 - Count: 1
Thread 2 - Count: 1
Thread 1 - Count: 2
Thread 2 - Count: 2
...

```

Notice how the threads run **concurrently**, not necessarily in order.

2.2 Method 2: Implementing Runnable Interface

```

1 // Create a thread by implementing Runnable
2 class MyRunnable implements Runnable {

```

```

3     private String threadName;
4
5     public MyRunnable(String name) {
6         this.threadName = name;
7     }
8
9     public void run() {
10        for (int i = 1; i <= 5; i++) {
11            System.out.println(threadName + " - Count: " + i);
12            try {
13                Thread.sleep(1000);
14            } catch (InterruptedException e) {
15                System.out.println(threadName + " interrupted");
16            }
17        }
18    }
19 }
20
21 public class RunnableExample {
22     public static void main(String[] args) {
23         System.out.println("Main thread starting");
24
25         // Create Runnable objects
26         MyRunnable runnable1 = new MyRunnable("Runnable 1");
27         MyRunnable runnable2 = new MyRunnable("Runnable 2");
28
29         // Create Thread objects with our Runnables
30         Thread thread1 = new Thread(runnable1);
31         Thread thread2 = new Thread(runnable2);
32
33         // Start the threads
34         thread1.start();
35         thread2.start();
36
37         System.out.println("Main thread finished");
38     }
39 }

```

Listing 2: Using Runnable Interface

2.3 Which Method to Use?

- **Prefer Runnable** - It's more flexible (you can extend other classes)
- Use **Thread extension** only when you need to override Thread methods
- Most professional code uses **Runnable** or **Lambda expressions**

2.4 Using Lambda Expressions (Java 8+)

```

1 public class LambdaThreads {
2     public static void main(String[] args) {
3         // Simple thread with lambda
4         Thread thread1 = new Thread(() -> {
5             for (int i = 1; i <= 5; i++) {
6                 System.out.println("Lambda thread - Count: " + i);

```

```

7         try { Thread.sleep(1000); }
8         catch (InterruptedException e) {}
9     }
10    });
11
12    thread1.start();
13
14    // Even shorter with method reference
15    Thread thread2 = new Thread(LambdaThreads::doWork);
16    thread2.start();
17 }
18
19 private static void doWork() {
20     for (int i = 1; i <= 5; i++) {
21         System.out.println("Method reference - Count: " + i);
22         try { Thread.sleep(1000); }
23         catch (InterruptedException e) {}
24     }
25 }
26 }

```

Listing 3: Threads with Lambdas

3 Understanding Thread States

Threads go through different states during their lifetime:

```

1 public class ThreadStatesDemo {
2     public static void main(String[] args) throws InterruptedException
3     {
4         Thread thread = new Thread(() -> {
5             try {
6                 System.out.println("Thread started, state: " +
7                     Thread.currentThread().getState());
8                 Thread.sleep(2000);
9                 synchronized(ThreadStatesDemo.class) {
10                     ThreadStatesDemo.class.wait();
11                 }
12             } catch (InterruptedException e) {
13                 e.printStackTrace();
14             }
15         });
16
17         System.out.println("Before start: " + thread.getState()); //
18         NEW
19
20         thread.start();
21         Thread.sleep(100);
22         System.out.println("After start: " + thread.getState()); //
23         RUNNABLE or TIMED_WAITING
24
25         Thread.sleep(100);
26         System.out.println("During sleep: " + thread.getState()); //
27         TIMED_WAITING
28
29         Thread.sleep(2000);
30         synchronized(ThreadStatesDemo.class) {

```



Figure 1: Thread Lifecycle States

```
27         System.out.println("After sleep: " + thread.getState()); //
    WAITING
28         ThreadStatesDemo.class.notify();
29     }
30
31     thread.join();
32     System.out.println("After completion: " + thread.getState());
    // TERMINATED
33 }
34 }
```

Listing 4: Observing Thread States

3.1 Thread State Definitions

- **NEW**: Created but not started
- **RUNNABLE**: Executing or ready to execute
- **BLOCKED**: Waiting for a monitor lock
- **WAITING**: Waiting indefinitely for another thread

- **TIMED_WAITING**: Waiting for a specified time
- **TERMINATED**: Finished execution

4 Thread Priorities and Daemon Threads

4.1 Thread Priorities

```

1 public class ThreadPriorityExample {
2     public static void main(String[] args) {
3         Thread lowPriority = new Thread(() -> {
4             for (int i = 0; i < 5; i++) {
5                 System.out.println("Low priority thread");
6                 Thread.yield(); // Hint to scheduler to switch threads
7             }
8         });
9
10        Thread highPriority = new Thread(() -> {
11            for (int i = 0; i < 5; i++) {
12                System.out.println("High priority thread");
13                Thread.yield();
14            }
15        });
16
17        lowPriority.setPriority(Thread.MIN_PRIORITY); // Priority 1
18        highPriority.setPriority(Thread.MAX_PRIORITY); // Priority 10
19
20        lowPriority.start();
21        highPriority.start();
22    }
23 }

```

Listing 5: Thread Priorities

Important: Thread priorities are just hints to the OS scheduler. They're not guaranteed to work exactly as expected.

4.2 Daemon Threads

```

1 public class DaemonThreadExample {
2     public static void main(String[] args) {
3         // User thread (default)
4         Thread userThread = new Thread(() -> {
5             for (int i = 0; i < 5; i++) {
6                 System.out.println("User thread working...");
7                 try { Thread.sleep(1000); }
8                 catch (InterruptedException e) {}
9             }
10            System.out.println("User thread finished");
11        });
12
13        // Daemon thread
14        Thread daemonThread = new Thread(() -> {
15            while (true) {
16                System.out.println("Daemon thread running...");

```

```

17         try { Thread.sleep(500); }
18         catch (InterruptedException e) {}
19     }
20 });
21 daemonThread.setDaemon(true); // Mark as daemon thread
22
23 userThread.start();
24 daemonThread.start();
25
26 // When main and userThread finish, daemonThread will be
terminated
27 // even if it's in the middle of its work
28 }
29 }

```

Listing 6: Daemon Threads

Key Points about Daemon Threads:

- JVM exits when only daemon threads remain
- Use for background tasks that can be safely abandoned
- Don't use for critical work (file saving, database commits)

5 Basic Thread Synchronization

5.1 The Problem: Why We Need Synchronization

```

1 class Counter {
2     private int count = 0;
3
4     public void increment() {
5         count++; // This is the problem line
6     }
7
8     public int getCount() {
9         return count;
10    }
11 }
12
13 public class SynchronizationProblem {
14     public static void main(String[] args) throws InterruptedException
15     {
16         Counter counter = new Counter();
17
18         // Create multiple threads that increment the same counter
19         Thread t1 = new Thread(() -> {
20             for (int i = 0; i < 1000; i++) {
21                 counter.increment();
22             }
23         });
24
25         Thread t2 = new Thread(() -> {
26             for (int i = 0; i < 1000; i++) {
27                 counter.increment();
28             }
29         });
30     }
31 }

```

```

28     });
29
30     t1.start();
31     t2.start();
32
33     t1.join();
34     t2.join();
35
36     // We expect 2000, but often get less!
37     System.out.println("Final count: " + counter.getCount());
38 }
39 }

```

Listing 7: The Shared Resource Problem

The problem is that `count++` is actually three operations:

1. Read current value
2. Increment value
3. Write new value

Two threads can both read the same value, both increment, and both write - resulting in lost increments.

5.2 Solution: synchronized keyword

```

1 class SafeCounter {
2     private int count = 0;
3
4     // synchronized ensures only one thread can execute this method at
   a time
5     public synchronized void increment() {
6         count++;
7     }
8
9     public synchronized int getCount() {
10         return count;
11     }
12 }
13
14 // Alternative: synchronized block
15 class AnotherSafeCounter {
16     private int count = 0;
17     private final Object lock = new Object(); // dedicated lock object
18
19     public void increment() {
20         synchronized(lock) { // Only one thread can enter this block
   per lock object
21             count++;
22         }
23     }
24
25     public int getCount() {
26         synchronized(lock) {
27             return count;
28         }
29     }
30 }

```

```

29     }
30 }

```

Listing 8: Using synchronized

5.3 Instance vs Class Level Synchronization

```

1  class MixedCounter {
2      private int instanceCount = 0;
3      private static int classCount = 0;
4
5      // Synchronizes on the instance (this)
6      public synchronized void incrementInstance() {
7          instanceCount++;
8      }
9
10     // Synchronizes on the class (MixedCounter.class)
11     public static synchronized void incrementClass() {
12         classCount++;
13     }
14
15     // What this actually means:
16     public void incrementInstanceEquivalent() {
17         synchronized(this) { // Lock on current object
18             instanceCount++;
19         }
20     }
21
22     public static void incrementClassEquivalent() {
23         synchronized(MixedCounter.class) { // Lock on class object
24             classCount++;
25         }
26     }
27 }
28
29 public class SyncLevelExample {
30     public static void main(String[] args) {
31         MixedCounter counter1 = new MixedCounter();
32         MixedCounter counter2 = new MixedCounter();
33
34         // These don't block each other - different instances
35         new Thread(() -> counter1.incrementInstance()).start();
36         new Thread(() -> counter2.incrementInstance()).start();
37
38         // These DO block each other - same class lock
39         new Thread(() -> MixedCounter.incrementClass()).start();
40         new Thread(() -> MixedCounter.incrementClass()).start();
41     }
42 }

```

Listing 9: Instance vs Class Synchronization

6 wait() and notify() Methods

6.1 Basic Producer-Consumer Pattern

```

1 class Message {
2     private String message;
3     private boolean empty = true;
4
5     public synchronized String read() {
6         // Wait until message is available
7         while (empty) {
8             try {
9                 wait(); // Releases lock and waits
10            } catch (InterruptedException e) {}
11        }
12        empty = true;
13        notifyAll(); // Notify waiting threads
14        return message;
15    }
16
17    public synchronized void write(String message) {
18        // Wait until message has been read
19        while (!empty) {
20            try {
21                wait();
22            } catch (InterruptedException e) {}
23        }
24        empty = false;
25        this.message = message;
26        notifyAll(); // Notify waiting threads
27    }
28 }
29
30 public class ProducerConsumerExample {
31     public static void main(String[] args) {
32         Message message = new Message();
33
34         // Producer thread
35         Thread producer = new Thread(() -> {
36             String[] messages = {"Message 1", "Message 2", "Message 3",
37 "FINISH"};
38             for (String msg : messages) {
39                 message.write(msg);
40                 System.out.println("Produced: " + msg);
41                 try { Thread.sleep(1000); }
42                 catch (InterruptedException e) {}
43             }
44         });
45
46         // Consumer thread
47         Thread consumer = new Thread(() -> {
48             for (String msg = message.read(); !msg.equals("FINISH");
49 msg = message.read()) {
50                 System.out.println("Consumed: " + msg);
51                 try { Thread.sleep(1500); }
52                 catch (InterruptedException e) {}
53             }
54         });
55
56         producer.start();
57         consumer.start();
58     }
59 }

```

6.2 Understanding wait() and notify()

- **wait()**: Releases the lock and puts thread to sleep until notified
- **notify()**: Wakes up one waiting thread
- **notifyAll()**: Wakes up all waiting threads
- Must be called from **synchronized** context
- Always use **while loop** to check condition, not **if**

7 Common Thread Operations

7.1 Joining Threads

```

1 public class JoinExample {
2     public static void main(String[] args) throws InterruptedException
3     {
4         Thread slowThread = new Thread(() -> {
5             System.out.println("Slow thread starting");
6             try { Thread.sleep(3000); }
7             catch (InterruptedException e) {}
8             System.out.println("Slow thread finished");
9         });
10
11        Thread fastThread = new Thread(() -> {
12            System.out.println("Fast thread starting");
13            try { Thread.sleep(1000); }
14            catch (InterruptedException e) {}
15            System.out.println("Fast thread finished");
16        });
17
18        slowThread.start();
19        fastThread.start();
20
21        System.out.println("Main thread waiting for fast thread...");
22        fastThread.join(); // Main thread waits for fastThread to
23        finish
24
25        System.out.println("Main thread waiting for slow thread...");
26        slowThread.join(2000); // Wait max 2 seconds
27
28        System.out.println("Main thread continuing");
29    }
30 }

```

Listing 11: Using join()

7.2 Thread Interruption

```
1 public class InterruptionExample {
2     public static void main(String[] args) throws InterruptedException
3     {
4         Thread worker = new Thread(() -> {
5             while (!Thread.currentThread().isInterrupted()) {
6                 System.out.println("Working...");
7                 try {
8                     Thread.sleep(1000);
9                 } catch (InterruptedException e) {
10                    System.out.println("Thread interrupted during sleep
11                    ");
12                    Thread.currentThread().interrupt(); // Restore
13                    interrupt flag
14                }
15                System.out.println("Thread finished gracefully");
16            });
17
18            worker.start();
19            Thread.sleep(3500); // Let worker run for a bit
20            worker.interrupt(); // Politely ask thread to stop
21            worker.join();      // Wait for thread to finish
22        }
23    }
```

Listing 12: Thread Interruption

8 Practical Examples

8.1 File Download Manager

```
1 import java.util.*;
2 import java.util.concurrent.*;
3
4 public class DownloadManager {
5     private final ExecutorService executor = Executors.
6     newFixedThreadPool(3);
7     private final List<Future<String>> downloads = new ArrayList<>();
8
9     public void downloadFile(String url) {
10         Callable<String> downloadTask = () -> {
11             System.out.println("Starting download: " + url);
12             // Simulate download time
13             int downloadTime = ThreadLocalRandom.current().nextInt
14             (1000, 5000);
15             Thread.sleep(downloadTime);
16             System.out.println("Finished download: " + url);
17             return "Content of " + url;
18         };
19
20         Future<String> future = executor.submit(downloadTask);
21         downloads.add(future);
22     }
23 }
```

```

22     public void shutdown() throws Exception {
23         executor.shutdown();
24         if (!executor.awaitTermination(60, TimeUnit.SECONDS)) {
25             executor.shutdownNow();
26         }
27
28         // Collect results
29         for (Future<String> download : downloads) {
30             String result = download.get();
31             System.out.println("Got result: " + result.substring(0,
Math.min(20, result.length())));
32         }
33     }
34
35     public static void main(String[] args) throws Exception {
36         DownloadManager manager = new DownloadManager();
37
38         manager.downloadFile("http://example.com/file1");
39         manager.downloadFile("http://example.com/file2");
40         manager.downloadFile("http://example.com/file3");
41         manager.downloadFile("http://example.com/file4");
42
43         Thread.sleep(2000); // Let downloads run
44
45         manager.shutdown();
46     }
47 }

```

Listing 13: Simple Download Manager

9 Best Practices and Common Pitfalls

9.1 Do's and Don'ts

Do:

- Use **Runnable** over extending **Thread**
- Use thread pools (**ExecutorService**) for multiple tasks
- Handle **InterruptedException** properly
- Use **synchronized** consistently for shared resources
- Prefer **notifyAll()** over **notify()** unless you're sure

Don't:

- Don't call **run()** directly - use **start()**
- Don't use **stop()**, **suspend()**, or **resume()** (deprecated)
- Don't synchronize on **String** literals or boxed primitives
- Don't ignore **InterruptedException**
- Don't create unlimited threads

9.2 Common Mistakes

```
1 public class CommonMistakes {
2     // Mistake 1: Calling run() instead of start()
3     public static void mistake1() {
4         Thread t = new Thread(() -> System.out.println("Running"));
5         t.run(); // WRONG - runs in current thread
6         t.start(); // CORRECT - runs in new thread
7     }
8
9     // Mistake 2: Synchronizing on different objects
10    public static void mistake2() {
11        final Object lock1 = new Object();
12        final Object lock2 = new Object();
13
14        Thread t1 = new Thread(() -> {
15            synchronized(lock1) {
16                // Critical section
17            }
18        });
19
20        Thread t2 = new Thread(() -> {
21            synchronized(lock2) { // WRONG - different lock!
22                // This doesn't provide mutual exclusion with t1
23            }
24        });
25    }
26
27    // Mistake 3: Using if instead of while with wait()
28    public static void mistake3() {
29        Object lock = new Object();
30        boolean condition = false;
31
32        // WRONG
33        synchronized(lock) {
34            if (!condition) {
35                try { lock.wait(); } catch (InterruptedException e) {}
36            }
37            // Condition might be false again after wait!
38        }
39
40        // CORRECT
41        synchronized(lock) {
42            while (!condition) { // Always recheck after wait
43                try { lock.wait(); } catch (InterruptedException e) {}
44            }
45        }
46    }
47 }
```

Listing 14: Common Thread Mistakes

10 Exercises for Practice

10.1 Exercise 1: Basic Thread Creation

Create three threads that print numbers 1-5 with their thread name. Make the main thread wait for all three to complete.

10.2 Exercise 2: Thread-Safe Bank Account

Create a `BankAccount` class with `deposit` and `withdraw` methods. Make it thread-safe using synchronization.

10.3 Exercise 3: Simple Task Scheduler

Create a task scheduler that can run tasks concurrently but limits to 3 concurrent tasks using a fixed thread pool.

10.4 Exercise 4: Producer-Consumer with Buffer

Implement a producer-consumer system where producers add items to a fixed-size buffer and consumers remove them. Handle the cases when the buffer is full or empty.

11 Next Steps

After mastering these basics, you can explore:

- **`java.util.concurrent`** package (advanced utilities)
- **Lock** objects and **Condition** variables
- **Atomic** variables for lock-free programming
- **Concurrent collections** (`ConcurrentHashMap`, `CopyOnWriteArrayList`)
- Thread pools and executors in more depth
- Performance optimization and debugging

Remember: Thread programming requires practice. Start simple, test thoroughly, and gradually build more complex systems.